



Executive Leadership Coaching



Overview

Our Executive Leadership Coaching Program is designed to help accelerate the growth and development of your leadership by providing targeted support based on your leadership competency level and area of need. This Executive Leadership Coaching Program is co-created based on your own individual leadership needs in a variety of areas: leadership self-care, people/relationships, business essentialism & prioritization and leading the organization. Our Leadership Coaching Program will also include recommendations from outside resources that could augment your Leadership Development.

Coaching is the opportunity to refine your own unique skills and talents by creating your own path forward. We explore, reflect, consider and map out a way through the confusion and inquiry. The result is clarity, actionable next steps and new insights for satisfying and meaningful relationships.

Coaching helps leaders:

- Gain greater self-awareness of how their Communication Style impacts team members and peers
- Refine interpersonal and leadership flexibility to adapt behaviors in the moment versus after-the-fact
- Create more effective relationships and drive organizational results in a creative, authentic, and fulfilling manner for self and everyone involved
- Proactively focus on the future and think beyond their own needs and day-to-day obligations (gain perspective)

Recommended Audience

Mid-level managers, senior leaders

Format

In-person + virtual check-in's via email or phone

Length

6 month program with two 75-minute coaching sessions per month

Materials

- 363 for Leaders Assessment
- Leadership Dashboard Tool
- Committed Way of Being Coaching Card

Follow-up and Reinforcements

- Actions & accountability reminders via email. Access to Coachmetrix, an online coaching portal. Other reinforcements personalized to the client.